

Mishka
Social Services

SickKids®



Hamilton
Health
Sciences



MAH
Muslim Association of Hamilton

Two Voices

Youth and Caregivers Navigating Mental Health Together

A conference for Muslim caregivers and youth to have
open conversations about mental health.

What to Expect

- Guest speakers from ICA Counselling, Muslim Legal Support Centre, and Hamilton Health Sciences
- Improve youth-caregiver communication
- Navigate mental health services with ease

Free Registration

- Enjoy delicious catered lunch & snacks while connecting with others
- Attend for a chance to win raffle prizes
- Free childcare

SATURDAY
MAY 09

10AM-3PM



📍 Hamilton Mountain Mosque Community Hall
1545 Stone Church Rd E, Hamilton, ON L8W 3P8

RSVP TODAY